

Heights Cafe

LUNCH

STARTERS

SOUP OF THE DAY	6.95
FRIED CALAMARI with spicy marinara sauce	12.95
HUMMUS & VEGETABLE PLATTER e.v.o.o and warm pita bread	9.95
STEAMED P.E.I. MUSSELS choice of green curry coconut broth or fra diavolo sauce, served with heights fries	12.95
WARM SPINACH DIP with corn tortilla chips	10.95

SALADS

PISTACHIO CRUSTED GOAT CHEESE & ARUGULA honey lime vinaigrette, sliced pears, quinoa & crispy onions	14.95
CLASSIC CAESAR OR KALE CAESAR shaved pecorino & homemade croutons	10.95
MIXED GREENS cherry tomatoes & balsamic vinaigrette with grilled chicken add \$4; grilled shrimp add \$8	8.95
GRILLED CHICKEN honey lime vinaigrette, mesclun greens, radicchio, jicama, corn, crispy corn tortilla strips & peanut sauce	14.95
CHOPPED MEDITERRANEAN tomato, feta cheese, cucumber, red onion, kalamata olives, chickpeas, romaine & red wine vinaigrette	13.95
SESAME CRUSTED SALMON & TUNA seared rare, mixed greens, assorted julienne vegetables, alfalfa sprouts & wasabi dressing	15.95
SALAD NICOISE grilled tuna, mesclun greens, baby string beans, red potato, olives, anchovies, hard broiled egg, red onion, tomato & red wine vinaigrette	16.95
COBB iceberg lettuce, avocado, Gorgonzola, bacon, tomato, hard-boiled egg, red onion & blue cheese dressing	14.95

OMELETTES

CHOICE OF THREE: smoked salmon, bacon, tomatoes, broccoli, spinach, mushrooms, roasted peppers, caramelized onions, grilled artichokes, Cheddar, Gruyère & pepper jack cheese	13.95
---	-------

SIDES

MASHED POTATOES HEIGHTS FRIES
SAUTEED SPINACH SWEET POTATO FRIES
SAUTÉED BROCCOLI ONION RINGS
6.95

BURGERS & SANDWICHES

THE "HEIGHTS BURGER" chargrilled with caramelized onions, smoked bacon, Gruyère cheese & Heights fries	15.95
TURKEY BURGER chargrilled on whole wheat bun with caramelized onions, crispy smoked bacon & Gruyère cheese, Heights fries on the side	15.95
SALMON BURGER whole wheat toasted bun, sliced cucumber, lemon pepper mayo & mesclun greens	15.95
VEGGIE BURGER whole wheat bun, sliced avocado, yogurt lemon tahini spread & mesclun greens	14.95
FRENCH DIP AU JUS thinly sliced roasted prime rib on baguette with Heights fries	17.95
MARINATED GRILLED CHICKEN on baguette, baby arugula, roasted peppers, bacon, balsamic aioli & Heights fries	14.95
MEDITERRANEAN CHICKEN PITA hummus, feta cheese, romaine, tomatoes, cucumber, nicoise olives, red onions & Heights fries	14.95
CRABCAKE on toasted bun, pickle relish, tartar sauce & Heights fries	15.95
CRISPY FISH TACOS avocado, pickled jalapenos, creamy slaw & cilantro	14.95
AVOCADO B.L.T. on grilled sliced country bread & Heights fries	14.95

PASTAS

PENNE pomodoro or vodka sauce	14.95
MUSHROOM PAPPARDELLE Marsala cream sauce, sautéed chicken, asparagus, cherry tomatoes & grated romano cheese	15.95
LINGUINE SHRIMP SCAMPI topped with lemon garlic bread crumbs & fresh parsley	19.95
RIGATONI sweet Italian sausage & bolognese sauce	15.95
CLASSIC MACARONI AND CHEESE with Parmesan, Gruyère & aged Cheddar	14.95
LOBSTER MACARONI & CHEESE with brandy lobster cream, Parmesan, Gruyère & Cheddar	19.95

ENTREES

PAN ROASTED BOURBON GLAZED SALMON sautéed spinach, mashed potatoes & grilled fresh lemon	21.95
BRAISED BEEF SHORT RIB red wine au jus reduction & pan crispy gnocchi with Brussels sprouts and roasted tomato	22.95
BONELESS SOUTHERN FRIED CHICKEN (breast & thigh), mashed potatoes, gravy & coleslaw	18.95
10 oz BLACK ANGUS NEW YORK STRIP STEAK truffled horseradish butter, sautéed Brussels sprouts & stuffed twice baked potato	24.95